

First Name	Second Name	Gender	Date	Distance	Time	Runs
Henrik	Hartman	M	2026/03/21	5	00;20;11	25
Graham	Webber	M	2026/03/21	5	00;21;19	97
Chad	Harris	M	2026/03/21	5	00;25;09	133
Julian	Blonski	M	2026/03/21	5	00;26;09	262
Paul	Cawood	M	2026/03/21	5	00;26;22	129
Lesa Jo	Blonski	F	2026/03/21	5	00;27;46	102
Vic	Boston	M	2026/03/21	5	00;28;34	11
Mathew	McCreesh	M	2026/03/21	5	00;28;45	4
Masoono	Nchabeleng	M	2026/03/21	5	00;28;45	245
Caroline	James	F	2026/03/21	5	00;29;07	9
Catherine	McCreesh	F	2026/03/21	5	00;29;08	4
Russ	Dodding	M	2026/03/21	5	00;29;25	204
Heather	Murch	F	2026/03/21	5	00;31;47	184
Mavis	Tshikovhela	F	2026/03/21	5	00;45;33	4
Sarafina	Sibiya	F	2026/03/21	5	00;45;33	3
Les	Sutcliffe	M	2026/03/21	Timekeeper		
Mpumi	Mothapo	F	2026/03/21	Timekeeper		