

First Name	Second Name	Gender	Date	Distance	Time	Runs
Peter	Smith	M	2025/01/10	5	00:19:04	31
Graham	Webber	M	2025/01/10	5	00:21:26	91
Nomalungelo	Nkomo	F	2025/01/10	5	00:22:31	19 PB
Willie	Dlongolo	M	2025/01/10	5	00:24:22	58
Henrik	Hartmann	M	2025/01/10	5	00:26:47	20
Victor	Ndlovu	M	2025/01/10	5	00:26:57	11
Russ	Dodding	M	2025/01/10	5	00:28:24	197
Masoono	Nchabeleng	M	2025/01/10	5	00:30:30	238
Heather	Murch	F	2025/01/10	5	00:32:13	177
Mpumi	Mothapo	F	2025/01/10	Timekeeper		
Les	Sutcliffe	M	2025/01/10	Timekeeper		