

First Name	Second Name	Gender	Date	Distance	Time	Runs
Graham	Webber	M	2025/10/11	5	0:21:23	89
Lebogang	Lentsa	M	2025/10/11	5	0:21:37	1
Lackson	Chauke	M	2025/10/11	5	0:22:40	47
Nomalungelo	Nkomo	F	2025/10/11	5	0:22:57	13
Wayne	Marnewicke	M	2025/10/11	5	0:24:12	10
Julian	Blonski	M	2025/10/11	5	0:25:10	252
Megan	Dempster	F	2025/10/11	5	0:25:15	1
Wynand	Van Der Net	M	2025/10/11	5	0:25:28	1
Paul	Cawood	M	2025/10/11	5	0:26:26	118
Sibusiso	Langa	M	2025/10/11	5	0:26:44	12
Russ	Dodding	M	2025/10/11	5	0:26:56	190
Lisa Jo	Blonski	F	2025/10/11	5	0:27:51	97
Ludewijk	Nell	M	2025/10/11	5	0:30:29	31
Masoono	Nchabeleng	M	2025/10/11	5	0:31:56	231
Heather	Murch	F	2025/10/11	5	0:32:08	171
Paul	Pretorius	M	2025/10/11	5	0:33:31	393
Mpumi	Mothapo	F	2025/10/11	Timekeeper		
Leuba	Mothapo	M	2025/10/11	Timekeeper		