First Name	Second Name	Gender	Date	Distance	Time	Runs
Vimal	Lala	M	2025/09/20	5	00;23;15	87
William	Dlongolo	M	2025/09/20	5	00:23:46	53
Nomalungelo	Nkomo	F	2025/09/20	5	00;23;48	10
Thomas	Hope	M	2025/09/20	5	01:26:30	83
Paul	Cawood	M	2025/09/20	5	00:26:40	116
Jyashika	Lala	F	2025/09/20	5	00;26;52	67
Sibusiso	Langa	M	2025/09/20	5	00;27;17	9
Russ	Dodding	M	2025/09/20	5	01:27:21	187
Ludewijk	Nell	M	2025/09/20	5	01:29:14	28
Maselo	Mphafudi	M	2025/09/20	5	00:29:35	60
Masoono	Nchabeleng	M	2025/09/20	5	00;30;07	230
Heather	Murch	F	2025/09/20	5	00;32:16	168
Paul	Pretorius	M	2025/09/20	5	00;33;55	392
Nhlanhla	Nkosi	F	2025/09/20	5	00:34:06	1
Saul	Levin	M	2025/09/20	5	00;34;46	103