

| FirstName | SecondName | Gender | Date       | Distance   | Time     | Runs  |
|-----------|------------|--------|------------|------------|----------|-------|
| Ayakhanya | Banns      | M      | 2024/02/17 | 5          | 00;18;58 | 1     |
| Thabo     | Moloto     | M      | 2024/02/17 | 5          | 00;19;28 | 1     |
| Godfrey   | Komichi    | M      | 2024/02/17 | 5          | 00;19;41 | 16    |
| Albert    | Segodi     | M      | 2024/02/17 | 5          | 00;19;42 | 10    |
| Essau     | Miya       | M      | 2024/02/17 | 5          | 00;20;40 | 96    |
| Fikhile   | Mzekwa     | M      | 2024/02/17 | 5          | 00;21;44 | 1     |
| Graham    | Webber     | M      | 2024/02/17 | 5          | 00;21;52 | 66    |
| Tristyn   | Naidoo     | M      | 2024/02/17 | 5          | 00;21;59 | 5     |
| Zaahid    | Limbada    | M      | 2024/02/17 | 5          | 00;22;16 | 18 PB |
| Lackson   | Chauke     | M      | 2024/02/17 | 5          | 00;22;45 | 20    |
| Thomas    | Hope       | M      | 2024/02/17 | 5          | 00;25;48 | 52    |
| Vic       | Boston     | M      | 2024/02/17 | 5          | 00;25;55 | 1     |
| John      | Muggleston | M      | 2024/02/17 | 5          | 00;25;56 | 8     |
| Paul      | Cawood     | M      | 2024/02/17 | 5          | 00;26;18 | 71    |
| Geoff     | Goldberg   | M      | 2024/02/17 | 5          | 00;26;33 | 44    |
| Russ      | Dodding    | M      | 2024/02/17 | 5          | 00;26;58 | 128   |
| Daniel    | Erlank     | M      | 2024/02/17 | 5          | 00;29;22 | 69    |
| Dominique | Erlank     | F      | 2024/02/17 | 5          | 00;30;15 | 179   |
| Dipesh    | Jogl       | M      | 2024/02/17 | 5          | 00;31;08 | 19    |
| Heather   | Murch      | F      | 2024/02/17 | 5          | 00;31;33 | 110   |
| Paul      | Pretorius  | M      | 2024/02/17 | 5          | 00;33;43 | 370   |
| Andrew    | Horne      | M      | 2024/02/17 | 5          | 00;44;26 | 1     |
| Seymour   | Talpert    | M      | 2024/02/17 | 5          | 00;44;26 | 45    |
| Les       | Sutcliffe  | M      | 2024/02/17 | Timekeeper |          |       |
| Leuba     | Mothapo    | M      | 2024/02/17 | Timekeeper |          |       |