

| <b>FirstName</b> | <b>SecondName</b> | <b>Gender</b> | <b>Date</b> | <b>Distance</b> | <b>Time</b> | <b>Runs</b> |
|------------------|-------------------|---------------|-------------|-----------------|-------------|-------------|
| Chad             | Harris            | M             | 2022/11/19  | 5               | 00:23:40    | 70          |
| Julian           | Blonski           | M             | 2022/11/19  | 5               | 00:24:31    | 197         |
| Saul             | Levin             | M             | 2022/11/19  | 5               | 00:26:28    | 77          |
| Lisa-Jo          | Blonski           | F             | 2022/11/19  | 5               | 00:26:47    | 67          |
| Daniel           | Erlank            | M             | 2022/11/19  | 5               | 00:27:06    | 54          |
| Ingrid           | Freiman           | F             | 2022/11/19  | 5               | 00:27:46    | 5           |
| Dominque         | Erlank            | F             | 2022/11/19  | 5               | 00:34:31    | 156         |
| Paul             | Pretorius         | M             | 2022/11/19  | 5               | 00:34:37    | 342         |
| Mpumi            | Mothapo           | F             | 2022/11/19  | Timekeeper      |             |             |
| Les              | Sutcliffe         | M             | 2022/11/19  | Timekeeper      |             |             |