

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Essau	Miya	M	2022/07/30	5	0:20:11	80
Julian	Blonski	M	2022/07/30	5	0:22:58	188
Ashley	Becker	M	2022/07/30	5	0:23:48	1
Simon	Mdlalose	M	2022/07/30	5	0:23:48	107
Jay	Sooka	M	2022/07/30	5	0:25:08	68
Brendon	Becker	M	2022/07/30	5	0:25:50	76
Leuba	Mogano	M	2022/07/30	5	0:26:35	1
Maselo	Mphafundi	M	2022/07/30	5	0:26:40	10
Russ	Dodding	M	2022/07/30	5	0:26:57	82
Saul	Levin	M	2022/07/30	5	0:28:20	75
Catherine	Cawood	F	2022/07/30	5	0:28:31	11
Masoono	Nchabeleng	M	2022/07/30	5	0:29:46	183
Heather	Murch	F	2022/07/30	5	0:30:54	67
Beatrice	Watermeyer	F	2022/07/30	5	0:31:53	14
Paul	Pretorius	M	2022/07/30	5	0:32:29	337
Frans	Kamps	M	2022/07/30	5	0:34:56	366
Chad	Harris	M	2022/07/30	5	0:56:56	67
Patricia	Mogano	F	2022/07/30	5	0:56:56	19
Ru	Harris	F	2022/07/30	5	0:56:56	1
Thabi	Mogano	F	2022/07/30	5	0:56:56	1
Mpumi	Mothapo	F	2022/07/30	Timekeeper		
Les	Sutcliffe	M	2022/07/30	Timekeeper		
Richard	Wilkinson	M	2022/07/30	Timekeeper		