

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Norman	Ngwenya	M	2022/07/16	5	0:18:21	25
Zongamele	Dyubeni	M	2022/07/16	5	0:20:03	48
Graham	Webber	M	2022/07/16	5	0:21:01	51
Chad	Harris	M	2022/07/16	5	0:22:37 PB	66
Julian	Blonski	M	2022/07/16	5	0:23:49	186
Jay	Sooka	M	2022/07/16	5	0:24:42	66
Mathew	Walton	M	2022/07/16	5	0:25:48	2
Nicholas	Gerber	M	2022/07/16	5	0:25:48 PB	2
Maselo	Mphafundi	M	2022/07/16	5	0:26:07 PB	8
Lisa-Jo	Blonski	F	2022/07/16	5	0:26:34	62
Daniel	Erlank	M	2022/07/16	5	0:27:11	47
Catherine	Cawood	F	2022/07/16	5	0:28:29 PB	10
Dominque	Erlank	F	2022/07/16	5	0:30:18	149
Frans	Kamps	M	2022/07/16	5	0:36:11	364
Mpumi	Mothapo	F	2022/07/16	Timekeeper		
Les	Sutcliffe	M	2022/07/16	Timekeeper		
Richard	Wilkinson	M	2022/07/16	Timekeeper		