

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Essau	Miya	M	2022/06/04	5	0:20:19	77
Simon	Mdlalose	M	2022/06/04	5	0:21:40	106
Graham	Webber	M	2022/06/04	5	0:22:14	50
Caleb	Rudnick	M	2022/06/04	5	0:22:31	1
Jay	Sooka	M	2022/06/04	5	0:24:46	63
James	Morrison	M	2022/06/04	5	0:25:20	32
Mathew	Walton	M	2022/06/04	5	0:25:20	1
Saul	Levin	M	2022/06/04	5	0:26:16	73
Matthew	Van Rooyen	M	2022/06/04	5	0:27:06	7
Russ	Dodding	M	2022/06/04	5	0:27:23	77
Catherine	Cawood	F	2022/06/04	5	0:29:18 PB	8
Paul	Cawood	M	2022/06/04	5	0:29:52	37
Pam	Burgess	F	2022/06/04	5	0:31:54	31
Heather	Murch	F	2022/06/04	5	0:32:00	62
Stuart	Thompson	M	2022/06/04	5	0:32:03	26
Jess	Burgess	F	2022/06/04	5	0:32:08	5
Mpumi	Mothapo	F	2022/06/04	Timekeeper		
Les	Sutcliffe	M	2022/06/04	Timekeeper		