

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Simon	Mdlalose	M	2022/03/26	5	0:21:13	101
Vimal	Lala	M	2022/03/26	5	0:22:05	42
Billy	Majafa	M	2022/03/26	5	0:22:09	13
Julian	Blonski	M	2022/03/26	5	0:23:04	180
Matthew	Van Rooyen	M	2022/03/26	5	0:24:04	5
Nqoba	Kama	M	2022/03/26	5	0:24:05	7
Daniel	Erlank	M	2022/03/26	5	0:24:11	42
Chad	Harris	M	2022/03/26	5	0:24:21	58
Jay	Sooka	M	2022/03/26	5	0:24:30	55
Lisa-Jo	Blonski	F	2022/03/26	5	0:25:10	56
Russ	Dodding	M	2022/03/26	5	0:26:45	70
Maselo	Mphafundi	M	2022/03/26	5	0:28:43 PB	2
Matodzi	Tshidzumba	M	2022/03/26	5	0:28:48	56
Mike	Jones	M	2022/03/26	5	0:29:02	88
Scott	Mallen	M	2022/03/26	5	0:29:02	76
Catherine	Cawood	F	2022/03/26	5	0:29:41 PB	6
Paul	Pretorius	M	2022/03/26	5	0:31:18	335
Heather	Murch	F	2022/03/26	5	0:31:32	55
Pam	Burgess	F	2022/03/26	5	0:32:16	29
Stuart	Thompson	M	2022/03/26	5	0:32:16	24
Jess	Burgess	F	2022/03/26	5	0:32:25	2
Frans	Kamps	M	2022/03/26	5	0:33:14	350
Dominique	Erlank	F	2022/03/26	5	0:36:13	145
Laurence	Mallen	M	2022/03/26	5	0:36:13	82
Mpumi	Mothapo	F	2022/03/26	Timekeeper		
Richard	Wilkinson	M	2022/03/26	Timekeeper		