

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Tiisetso	Sebata	M	2022/01/22	5	0:17:52 PB	28
Murray	Calder	M	2022/01/22	5	0:22:14	22
Ian	Amm	M	2022/01/22	5	0:22:33	1
Franci	Myburgh	F	2022/01/22	5	0:22:41	6
Thomas	Cousins	M	2022/01/22	5	0:22:55	1
Marline	Baker	F	2022/01/22	5	0:22:58	1
Julian	Blonski	M	2022/01/22	5	0:23:42	175
Jay	Sooka	M	2022/01/22	5	0:25:04	48
Thomas	Hope	M	2022/01/22	5	0:25:28	32
Paul	Cawood	M	2022/01/22	5	0:25:36	34
Stewart	Nupen	M	2022/01/22	5	0:25:43	1
Lisa-Jo	Blonski	F	2022/01/22	5	0:26:08	51
Russ	Dodding	M	2022/01/22	5	0:27:28	65
Heather	Murch	F	2022/01/22	5	0:31:52	50
Frans	Kamps	M	2022/01/22	5	0:33:53	354
Michelle	Cousins	F	2022/01/22	5	0:34:55	1
Mpumi	Mothapo	F	2022/01/22	Timekeeper		
Richard	Wilkinson	M	2022/01/22	Timekeeper		