

FirstName	SecondName	Gender	Date	Distance	Time	Runs
Raphael	Segodi	M	2021/11/06	5	0:16:43	13
Kemang	Khunonyane	M	2021/11/06	5	0:17:51	34
Sipho	Mojono	M	2021/11/06	5	0:18:10	1
Tiisetso	Sabata	M	2021/11/06	5	0:18:12	26
Simon	Maake	M	2021/11/06	5	0:19:00	1
Kotopetsa	Mhanga	M	2021/11/06	5	0:19:11	10
John	Mugglestone	M	2021/11/06	5	0:23:54	5
Jay	Sooka	M	2021/11/06	5	0:25:06	41
Lisa-Jo	Blonski	F	2021/11/06	5	0:25:29	48
Stuart	Thompson	M	2021/11/06	5	0:25:55 PB	21
Chad	Harris	M	2021/11/06	5	0:26:08	48
Julian	Blonski	M	2021/11/06	5	0:26:40	172
Sam	Pretorius	M	2021/11/06	5	0:26:40	15
Russ	Dodding	M	2021/11/06	5	0:26:55	57
Pam	Burgess	F	2021/11/06	5	0:31:39	27
Heather	Murch	F	2021/11/06	5	0:32:00	42
Paul	Pretorius	M	2021/11/06	5	0:32:49	329
Alisha	Lala	F	2021/11/06	5	0:42:13	1
Vimal	Lala	M	2021/11/06	5	0:42:13	37
Mpumi	Mothapo	F	2021/11/06	Timekeeper		
Les	Sutcliffe	M	2021/11/06	Timekeeper		
Richard	Wilkinson	M	2021/11/06	Timekeeper		